



City of Nashua,
Division of Public Works
Mayor Jim Donchess

2016 ICE HOCKEY CAMP

10:00 AM - 3:00 PM
AUGUST 8 - AUGUST 12
CONWAY ICE ARENA
AGES 7 - 15

\$125/RESIDENTS
\$160/NONRESIDENTS



WHERE TO OBTAIN PARKS & REC. INFORMATION



Nashua Park and Recreation

Information about Parks & Recreation events and clinics being held throughout the summer will be available at the following locations:

- Jeannotte's Market
- Bright Spot
- City Clerk's Office
- Nashua Public Library
- Public Schools
- Private Schools
- The Parks & Recreation Department

The Parks and Recreation Department can also be reached via the City of Nashua's website at www.gonashua.com.

Questions or concerns can be directed to:

Tom Dwane, Program Manager
dwane@nashuanh.gov

Kellie Oberholtzer, Program Coordinator
oberholtzer@nashuanh.gov

Nondiscrimination Policy

The City of Nashua does not discriminate against any individual or group with respect to religion, color, national origin, sex, or handicap for the use of its parks and recreation facilities or any other programs.

2016 NASHUA SUMMER ICE HOCKEY CAMP REGISTRATION FORM

Child's Name _____ D.O.B. _____ Age _____ (At Camp Date) Positions _____

Address _____ Home # _____ Emergency # _____

Medical Problems _____ Email Address _____

TUITION NOT REFUNDABLE AFTER August 1, 2016 Cost for Camp: \$125 RESIDENTS \$160 NON-RESIDENTS

☐ (must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com. I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian _____ / _____ Date: _____
(Sign Here) (Print Here)

Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.

Make Checks Payable to: City of Nashua

CAMP DIRECTOR

John Coughlin

Currently Ice Hockey Head Coach at North Souhegan High School, brings many years of coaching experience to this program. He won back to back to back high school championships and a four time coach of the year.



AREAS OF INSTRUCTION

- ♦ Cardiovascular
- ♦ Off Ice/Dry Land Training
 - ♦ Offensive Skills
 - ♦ Defensive Skills
- ♦ Short Hand and Power Play
 - ♦ Some Goaltending
 - ♦ Other Hockey Skills

CAMP PHILOSOPHY

The philosophy of the Ice Hockey program is to develop the fundamentals of the sport. An emphasis will be placed on developing proper skills and technique, while at the same time encouraging the participants to make friends and most importantly enjoy themselves.

GENERAL INFORMATION

Boys and Girls
Ages 7 - 15
10:00 AM - 3:00 PM
August 8 - August 12
Conway Ice Arena
5 Stadium Dr.
Nashua, NH

\$125 Residents
\$160 Non-residents

EQUIPMENT

All Participants will be required to be in full ice hockey equipment, with mouth guards. No equipment will be provided by the Parks and Recreation Department.

- ♦ Skates
- ♦ Pads/helmet
- ♦ Stick
- ♦ Mouth guard
- ♦ Water
- ♦ Snacks
- ♦ Lunch
- ♦ Tennis Shoes (off ice work)



OTHER CAMPS/CLINICS OFFERED

- ♦ Girls Basketball Camps
- ♦ Girls Basketball Clinic
- ♦ Boys Basketball Camps
- ♦ Boys Lacrosse Camp
- ♦ Boys Night Lacrosse Clinic
- ♦ Girls Lacrosse Camp
- ♦ Cheerleading Camp
- ♦ Volleyball Camp
- ♦ Track and Field Camp
- ♦ Baseball Camp
- ♦ Soccer Camp
- ♦ Tot Soccer Camp
- ♦ Tennis Camps and Lessons
- ♦ Science Camps
- ♦ Tot Tennis Lessons
- ♦ Adult Tennis Lessons
- ♦ Field Hockey Camp
- ♦ Boys Lacrosse League
- ♦ Football Camp
- ♦ Ice Hockey Camp
- ♦ Photography Camps

Program will be cancelled if minimum numbers are not reached.